

Praying about the internet dangers harming our kids

Seven days of powerful prayer for protection from online threats.

There are so many different aspects of child abuse, including cyberbullying, child exploitation, and sex trafficking, that we don't know where to begin praying. Use this guide to pray over or spiritually combat each category, one day at a time. Start with the truth--a fact is shared for each day from which to launch our prayer in this seven-day prayer guide.

Day 1: Cyberbullying



FACT: Young people (ages 10–16) who accessed or shared sexual content or images of cyberbullying or violence had as much as a 50% higher risk for thoughts of suicide (JAMA Network Open, September 2021).

The Word says: *Whoever says he is in the light and hates his brother is still in darkness (1 John 2:9).*

Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you (Deuteronomy 31:6).

Pray: *God, we ask You today to visit the bully as well as those being bullied. Father, change the hearts of the ones bullying others, shine Your light upon them, convict them, cause them to repent, and drive out all darkness from their hearts and lives. The Bible says that the goodness of God leads us to repentance, so do lead them to repentance today, O God. And minister to the ones being bullied God, cause them to be strong and bold — help them to stand up against the bully and to report what is happening to a trusted adult or parent. And we pray that there would always be a trusted adult or parent; we ask You to always raise up such a trusted person for any child who may not have one — so that no child will ever be alone.*

Ever. *Father, we ask You to shine Your light upon all bullying — bring it out of the darkness and into the light until it is completely eliminated. This we ask in Jesus' name.*

Add your prayer:

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Day 2: Pornography



FACT: About 50% of 11-to-13-year-olds, 65% of those 14 to 15, and 78% of those 16 to 17 reported having seen pornography in some way (shown/sent by someone else, or personally searched for/stumbled upon it).

The Word says: *For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery (Galatians 5:1). For this is the will of God, your sanctification: that you abstain from sexual immorality ... (1 Thessalonians 4:3). So whether we are at home or away, we make it our aim to please him (2 Corinthians 5:9).*

Pray: *God, we come to You today concerning the trap of pornography. We ask You to open the eyes of those involved and to cause them to acknowledge this wickedness and turn from it. Lord, we plead the blood of Jesus over their minds and their wills. We ask the Holy Spirit to hover over them today; shine Your light upon their hearts and their actions, causing them to repent and to cry out to You for cleansing from this sin. By faith we say: Thank You, God, that their eyes are open, and that they have turned back to You. Thank You that they choose to please You above all things. We ask You to keep their minds stayed on You in such power that pornography will hold no allure. Heal their hearts and their minds, and heal every family member who has been affected by this evil. This we ask in Jesus' name. Amen.*

Add your prayer:

Day 3: Sexual Predators/Child Exploitation



FACT: Roughly 98% of child sexual-abuse material reports involve children younger than 13, and 30% of those involve children younger than 10, including infants and toddlers (Internet Watch Foundation Annual Report 2021).

The Word says: *Whoever causes one of these little ones who believe in me to sin, it would be better for him if a great millstone were hung around his neck, and he were thrown into the sea (Mark 9:42).*

For nothing is hidden that will not be made manifest, nor is anything secret that will not be known and come to light (Luke 8:17).

Pray: *God, we bind the forces of darkness that are exploiting our children. In the name of Christ we command those forces to cease and desist in their attacks against our children. We plead the blood of Jesus Christ over every child. We ask You to send angels to encamp about them and keep them safe. Father, we ask You to give the children the boldness and courage to stand up and report this evil to a trusted adult or family member. We pray that there would always be a trusted adult or family member. We ask You to always raise up such a trusted person for those children who may not have one — so that no child will ever be alone. Ever. Expose every sexual predator and every person who is exploiting children in any way — and bring them swiftly to justice. This we ask in Jesus' name. Amen.*

Add your prayer:

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Day 4: Social Media/Mobile Phones/ Sexting



FACT: Almost half (46%) of young people (ages 12–16) feel they are addicted to their smartphones (Digital Wellbeing 2020; The Cybersmile Foundation).

The Word says: *Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body (1 Corinthians 6:18–20).*

Set your minds on things that are above, not on things that are on earth. For you have died, and your life is hidden with Christ in God. When Christ who is your life appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry (Colossians 3:2–6).

Pray: *God, Your Word says that You will take what the enemy means for harm and turn it for good. The devil is using technology to bring harm to children. We ask You to turn the tables in this area and cause social media and cell phones to be used no longer for sin and impurity, but rather to deliver those who are caught in the traps of the enemy. Father, use this platform to cast light onto these sins and onto the sexual predators attacking our children. We also ask You to convict every single child, teenager, and adult of the sin of sexting, of using social media for evil. Convict them, and give them no rest until they turn from their wicked ways. Father, if they will not repent, then expose them and bring them to swift justice, now. In Jesus' name. Amen.*

Add your prayer:

Day 5: Sex Trafficking



FACT: The sex and labor trafficking “industry” is second only to drug trafficking as the world’s largest criminal enterprise (The International Labour Organization; Polaris Project).

The Word says: *Rescue the weak and the needy; deliver them from the hand of the wicked (Psalms 82:4).*

I will seek the lost, and I will bring back the strayed, and I will bind up the injured, and I will strengthen the weak, and the fat and the strong I will destroy. I will feed them in justice (Ezekiel 34:16).

All my bones shall say, “O Lord, who is like you, delivering the poor from him who is too strong for him, the poor and needy from him who robs him?” (Psalms 35:10).

Pray: *Father, first of all, we thank You for every man, woman, and child who has already been delivered from the evil of sex trafficking. Our God, Your Word does say that You will rescue the weak and needy from the hand of the enemy. Amen! We put You in remembrance of Your Word today, and we declare, right now, that You are rescuing every person — man, woman, and child — who is caught in the evil of sex trafficking. According to Your Word, seek out the lost and those who are trapped in this evil, and bring them back to a place of safety. Bring them home, and heal them of all their wounds. Bring to justice all those who are perpetrating this evil, and do this swiftly. Shine the blazing light of Your holiness and bring to bear the fear of Your awesome presence into the darkness of this accursed, evil “industry” — and shut it down right now. In Jesus' name. Amen.*

Add your prayer:

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Day 6: Online Parenting



FACT: *Some 71% of teens have admitted to hiding what they do online from their parents (this includes clearing browser history, minimizing a browser when in view, deleting inappropriate videos, lying about activity, use of a phone instead of a computer).*

The Word says: *Behold, I am sending you out as sheep in the midst of wolves, so be wise as serpents and innocent as doves (Matthew 10:16). Walk in wisdom toward outsiders (Colossians 4:5). Train up a child in the way he should go; even when he is old, he will not depart from it (Proverbs 22:6). You hem me in, behind and before, and lay your hand upon me (Psalms 139:5).*

Pray: *God, Your Word says that You will take what the enemy means for harm and turn it for good. The devil is using technology to bring harm to children. We ask You to turn the tables in this area and cause social media and cell phones to be used no longer for sin and impurity, but rather to deliver those who are caught in the traps of the enemy. Father, use this platform to cast light onto these sins and onto the sexual predators attacking our children. We also ask You to convict every single child, teenager, and adult of the sin of sexting, of using social media for evil. Convict them, and give them no rest until they turn from their wicked ways. Father, if they will not repent, then expose them and bring them to swift justice, now. In Jesus' name. Amen.*

Add your prayer:

Day 7: Porn's Impact on the Brain



FACT: *As the hours spent with pornography increase, the amount of gray matter in the brain decreases.*

The Word says: *Set your minds on things that are above, not on things that are on earth (Colossians 3:2). Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect (Romans 12:2). For I will restore health to you, and your wounds I will heal, declares the Lord (Jeremiah 30:17).*

Pray: *God, we ask You to expose, expose, expose! Expose the dangers of this evil. Expose the detrimental effects of this evil — bring it into the light. Cause every single person involved in this darkness to see Your light and to see plainly and clearly the harm they are doing to their own bodies and minds. God, we ask You to expose all of those who are involved in creating this filth and in watching it. Most especially, expose all of those who are setting this evil in front of our youth. Expose them now, O God, in Jesus' name. Bring those who are involved in marketing this spiritual poison into deep repentance. Visit them in the night season. Speak to them in the silence. Make Yourself known to them in the dark. Convict them, O God — but if they refuse to repent, then let Your exposure drag them to the strictest justice. As for those who turn from this wickedness, Father, we ask that You would mercifully heal them and restore their brains to life and health. We ask this in Jesus' name. Amen.*

Add your prayer:

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Take Action



FACT: *Some legislation already exists to help protect children from being exploited if there was aggressive enforcement of current obscenity laws.*

What you can do: *Send a message to your elected officials and ask them to aggressively enforce current laws already on the books that can be a start to protecting children. Visit IFA's action center here to send your message today. Be sure to pray for the officials who will be receiving your message.*

Pray: *Father we pray that You would work in the hearts of those legislators and leaders who have the authority to enact laws to protect our children. Move them to take action. We also pray for those organizations on the front lines of this fight such as Enough is Enough. We appeal to You for movement on this issue in our government.*

Add your prayer:

Thank you to the **Enough is Enough** organization, who is on the front lines of battling this growing problem.